



G·O·L·D·E·N  
BOUGH

## Nutrition Facts

### PRODUCT DESCRIPTION

Product Name	ARROWROOT POWDER
	Poudre de Marante
Botanical Name	<i>Maranta arundinacea</i>
Item No	25

Nutrition Facts		Valeur nutritive	
Per 1/8 cup (10 g)		Par 1/8 Coupe (10 g)	
Amount	% Daily Value	Teneur	% Valeur quotidienne
Calories 6		Calories 6	
Fat 0.42 g	1%	Lipides 0,42 g	1%
Saturated 0.004 g	<1%	saturés 0,004 g	<1%
+ Trans 0 g		+ trans 0 g	
Cholesterol 0 mg	0%	Cholestérol 0 mg	0%
Sodium 3 mg	<1%	Sodium 3 mg	<1%
Carbohydrate 1.34 g	<1%	Glucides 1,34 g	<1%
Fibre 0.1 g	<1%	Fibres 0,1 g	<1%
Sugars 0 g		Sucres 0 g	
Protein 0.42 g		Protéines 0,42 g	
Vitamin A <1%	Phosphorus <1%	Vitamine A <1%	Phosphorus <1%
Vitamin C <1%	Calcium <1%	Vitamine C <1%	Calcium <1%
Thiamin 1%	Magnesium 1%	Thiamine 1%	Magnésium 1%
Riboflavin <1%	Zinc 1%	Riboflavine <1%	Zinc 1%
Niacin 1%	Sodium <1%	Niacine 1%	Sodium <1%
Vitamin B6 2%	Potassium 1%	Vitamine B6 2%	Potassium 1%
Folate 15%		Folate 15%	
Iron 2%		Le fer 2%	

*This information is presented in the belief that it is accurate and reliable; however, no warranty, either expressed or implied is made and no freedom from liability from patents, trademarks, or other limitations should be inferred. Any data listed are averages only and are not to be considered as guarantees expressed or implied, nor as a condition of sale. Final determination of suitability of any material is the sole responsibility of the users.*